

## BREAKFAST

7 AM - 11 AM

• GRINGO • EGGS TO YOUR LIKING, BEANS, BACON & BREAD \$ 6.00 \$

• NICA •
SCRAMBLED EGGS, GALLO PINTO, PICO DE GALLO
NICA CHEESE & FRIED SWEET PLANTAINS

s 5.30 s

• BREAKFAST SANDWICH • FRIED EGG, BACON, CHEESE, LETTUCE & TOMATOES \$ 6.50 \$

• TROPICAL •
DELICIOUS SELECTION OF FRESH SEASONAL FRUIT

s 5.30 s

• TROPICAL PLUS • DELICIOUS SELECTION OF FRESH SEASONAL FRUIT WITH YOGURT & GRANOLA s 6.50 s

• PANCAKES • PANCAKES WITH SYRUP & A SIDE OF SEASONAL FRUIT s 6.00 s

• EURO • HOMEMADE BREAD, BUTTER & JAM \$ 4.50 \$

• HIPSTER • VEGAN CHIA SEED PUDDING WITH A SEASONAL FRUIT PUREE & CACAO NIBS \$ 6.50 \$



ADD BOTTOMLESS COFFEE TO ANY

BREAKFAST FOR JUST 1.50\$.

ADD BACON (2\$), EGG (1\$) OR A SIDE OF

SEASONAL FRUIT (2.50\$) TO ANY BREAKFAST!



## Buena Onda



### DRINKS

- COFFEE FRESHLY BREWED 

  \* 1.50 \*
- · TEA · CHOOSE YOUR FLAVOR s 1.50 s
- WATER •
  SMALL BOTTLE | LARGE BOTTLE
  s 1.50 s | s 2.50 s
- ORANGE JUICE FRESHLY SQUEEZED s 2.00 s
- SMOOTHIE •
  BANANA, PINEAPPLE, MELON, PAPAYA, WATERMELON & MORE
  ONE FRUIT | TWO FRUIT | THREE FRUIT

  \$ 2.50 s | s 3.00 s | s 3.50 s

  ADD MILK OR CHIA SEEDS

  \$ -.50 s
  - ICED COFFEE SHOT OF COFFEE, MILK & ICE \$ 2.50 \$
  - SOFT DRINKS COCA COLA LIRESCA I FANTA s 1.80 s COCA COLA LIGHT | SODA s 2.00 s
    - POWERADE DIFFERENT FLAVORS s 2.10 s
      - TROPICAL MIXED JUICE | ICE TEA s 1.80 s





### Buena Onda



## DINNER

5:00 PM - 8:30 PM

• PLANTAINS •
FRESH PLANTAIN CHIPS WITH SALT & LIME

s 2.00 s

• TOSTONES •
FRIED PLANTAIN SLICES & NICA CHEESE SERVED
WITH PICO DE GALLO

\* 4.50 \*

• FRENCH FRIES

SIDE OF HOMEMADE FRENCH FRIES

\$ 3.00 s

ORDER OF HOMEMADEFRENCH FRIES

\$ 4.00 s

• CEVICHE •
CATCH OF THE DAY COOKED IN LIME JUICE WITH GARDEN
HERBS & VEGETABLES, SERVED WITH CRACKERS

\$ 5.50 s

• CHICKEN WINGS •
MARINATED CHICKEN WINGS, BUENA ONDA GARLIC DIP
& VEGETABLE STICKS

\$ 8.50 s

• SALADS • CERERC LETTLICE WITH SEASONAL VEGETARIES SERVED

ICEBERG LETTUCE WITH SEASONAL VEGETABLES SERVED WITH OUR TASTY, SECRET BUENA ONDA DRESSING

\$ 5.50 \$

w/bacon & croutons \$ 7.00 \$ | w/chicken breast \$ 8.90 \$

ORGANIC MIXED BABY GREENS WITH NICA CHEESE & TOASTED CASHEWS

SERVED WITH A TROPICAL PASSION FRUIT VINAIGRETTE

ORGANIC ARUGULA WITH TOMATOES SERVED WITH OLIVE OIL & BALSAMIC VINEGAR

\$ 8.00 \$





## Buena Onda



5:00 PM - 8:30 PM

## • NICA PLATE • TYPICAL NICARAGUAN DISH SERVED WITH RICE, BEANS, SALAD & HOMEMADE FRENCH FRIES OR PLANTAINS

VEGETARIAN \$ 7.90 \$ w/CHICKEN BREAST \$ 9.90 \$ w/FISH FILET \$ 10.90 \$ | w/SHRIMPS \$ 12.90 \$ w/LOBSTER \$ seasonal price \$

## • SPAGHETYTI • ITALIAN PASTA WITH HOMEMADE SAUCE OF YOUR CHOICE NAPOLI OF PESTO \$ 6.50 \$

• ARROZ AL NEGRO • STIR-FRIED RICE WITH VEGETABLES
VEGETARIAN \$ 7.50 \$ | WICHICKEN \$ 9.50 \$

## • FISH IN SALSA CRIOLLA • FISH FILET IN A TOMATO & ONION SAUCE, SERVED WITH RICE & VEGETABLES \$ 10.50 \$

• PULLED BEEF •
SLOW COOKED BEEF IN A TASTY SALSA SERVED WITH BOILED
CASSAVA
s 12.95 s

daily dinner specials such as fresh lobster, bbq, pizzas & many more!

CHECK ADVERTISMENT FOR OUR DELICIOUS SPECIALS!





# Buena Onda LINCH HAM-5 PM



• TROPICAL •
BOWL OF FRESH, SEASONAL TROPICAL FRUIT

s 5.00 s

• CEVICHE •
CATCH OF THE DAY COOKED IN LIME JUICE WITH GARDEN
HERBS & VEGETABLES, SERVED WITH CRACKERS

\$ 5.50 \$

• CHICKEN WINGS • MARINATED CHICKEN WINGS, BUENA ONDA GARLIC DIP & VEGETABLE STICKS \$ 8.50 \$

· SALADS ·

ICEBERG LETTUCE WITH SEASONAL VEGETABLES SERVED WITH OUR TASTY, SECRET BUENA ONDA DRESSING

s 5.50 s

w/bacon & croutons \$ 7.00 \$ | w/chicken breast \$ 8.90 \$

ORGANIC MIXED BABY GREENS WITH NICA CHEESE & TOASTED

CASHEWS

CERVED WITH A TRODICAL PASSION FRUIT VINAL RETTE

SERVED WITH A TROPICAL PASSION FRUIT VINAIGRETTE \$ 8.50 \$

ORGANIC ARUGULA WITH TOMATOES SERVED WITH OLIVE OIL & BALSAMIC VINEGAR

s 8.00 s

## • NICA PLATE • TYPICAL NICARAGUAN DISH SERVED WITH RICE, BEANS, SALAD & HOMEMADE FRENCH FRIES OR PLANTAINS

VEGETARIAN \$ 7.90 \$ w/CHICKEN BREAST \$ 9.90 \$ w/FISH FILET \$ 10.90 \$ | w/SHRIMPS \$ 12.90 \$ w/LOBSTER \$ seasonal price \$





### Bueng Onda

II AM - 5 PM



· BURGERS

DELICIOUS BURGER WITH LETTUCE & TOMATOES SERVED WITH HOMEMADE FRENCH FRIES OR PLANTAINS

VEGETARIAN BEAN BURGER \$ 7.00 \$ | 1/2 LB. BEEF BURGER \$ 8.90 \$

#### SANDWICHES

HOMEMADE BAGUETTE WITH MIXED BABY GREENS & ONIONS SERVED WITH HOMEMADE FRENCH FRIES OR PLANTAINS

NICA CHEESE \$ 7.50 \$ | CHICKEN BREAST \$ 8.90 \$ FISH FILET \$ 9.90 \$

### · TOASTED SANDWICHES

FRENCH CROQUE MONSIEUR (HAM & CHEESE) ADD TOMATOES OR PINEAPPLE s 4.50 s

CLASSIC BLT: BACON, LETTUCE, TOMATOES

s 6.00 s

GUEST'S

#### · TACOS "BUENA OND TACO ORDERS COME WITH WHEAT TORTILLAS. A SELECTION OF FIVE TOPPINGS & FRESH VEGETABLES

VEGETARIAN \$ 7.50 \$ | CHICKEN \$ 9.50 \$ | FISH \$ 10.50 \$ BEEF \$ 11.50 \$

> · FRENCH FRIES · SIDE OF HOMEMADE FRENCH FRIES s 3.00 s ORDER OF HOMEMADE FRENCH FRIES s 4.00 s

